







# Les médicaments issus des plantes dans le traitement des maladies hématologiques (médicaments naturels utilisés en hématologie)

Soirée d'Enseignement Post-Universitaire

« L'hématologie à Montpellier : à l'occasion des célébrations de l'anniversaire des 800 ans de la Faculté de Médecine »



**22 septembre 2020** 



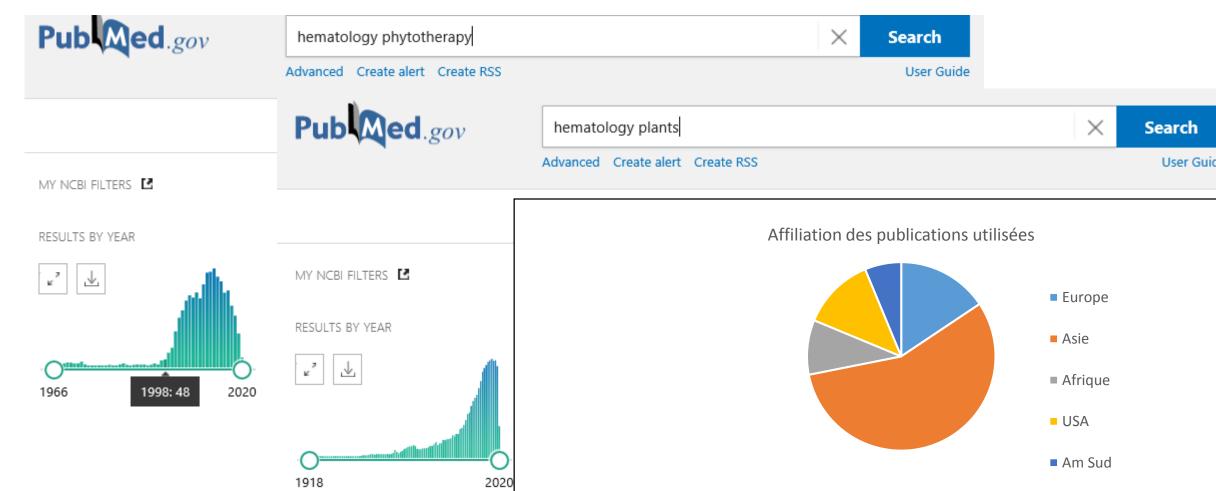
Maître de Conférences des Universités – Praticien Hospitalier Département de Pharmacologie Médicale et Toxicologie UFR Médecine, Université de Montpellier – CHU Montpellier





### Définition des contours de l'exposé

- Plantes et pas champignons (monde à part)
- Champ évolutif de l'hématologie (« discipline extrêmement polymorphe » dixit futur-interne.com)
- Eviter le catalogue exhaustif (83 000 résultats PubMed), parti pris thématique, regard pharmacologique



### Evolution des mots, donc des savoirs et contours des disciplines



Stomachique - cholagogue - cholérétique - émollient - sédatif - antiprurigineux antispasmodique - eupeptique - diurétique - sternutatoire - laxatif - purgatif dépuratif - décongestionnant - carminatif - stimulant - expectorant - antiseptique aphrodisiaque - apéritif - diaphorétique/sudorifique

Antiviral, antifongique, anti-inflammatoire, antioxydant

**Emménagogue** : gynécologie

**Vulnéraire** : médecine d'urgence

**Astringent** : hématologie

**Hémostatique** : hématologie

Veinotonique, phlébotonique : angiologue, neurologue, proctologue

**Dépuratif?** 



Withania somnifera

Contents lists available at ScienceDirect

#### Journal of Ethnopharmacology

journal homepage: www.elsevier.com/locate/jethpharm

Review: Southern African medicinal plants used as blood purifiers

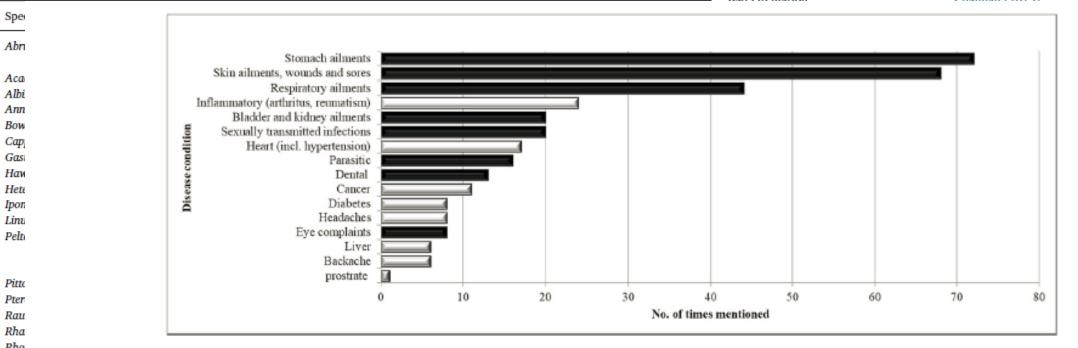
S. van Vuuren\*, L. Frank

Table 5 Blood purifier plants linked to a spiritual use.

#### 159 plantes étudiées - notion holistique

Table 1 Medical conditions linked to the need for a blood purifier.

-	Medical condition	Reference
-	Acne, abscesses, pimples and other	Watt and Breyer-Brandwijk (1962);
	skin complaints	Naveen (2011); Shankar (2011);
		Chauhan (2013)
	Anemia	Acharya et al. (2011); Shankar (2011);
		Olivier (2012)
_	Rad circulation	Chauhan (2013)



Scle Fig. 2. Incidence of disease conditions mentioned with plant species associated with blood purification ( plant species that may be associated with an infectious Side disease; □ plant species associated with non-infectious conditions).

Thesium lineatum Amulet for court cases (Philander, 2011) Vinca minor Root and leaves (decoction): strengtheners, sexual stimulants (Hutchings, 1996) Vitellariopsis marginata

A decoction of the leaf: astringent and carminative (Watt and Breyer-Brandwijk, 1962)

Intestinal parasites introduced by witchcraft (Watt and Brever-Brandwijk, 1962).

### Des mots désuets, des savoirs désuets ?

### Scientific evaluation of medicinal plants used for the treatment of abnormal uterine bleeding by Avicenna

Masumeh Mobli · Marzieh Qaraaty · Gholamreza Amin · Ismaeil Haririan · Mannan Hajimahmoodi · Roja Rahimi

Arch Gynecol Obstet (2015) 292:21-35

IF 1.49

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Table 1 Medicinal plants used for treatment of AUB mentioned in "Canon of Medicine"

Scientific names	Family	Name(s) in "Canon of Medicine" book
Boswellia sacra Flueck.	Burseraceae	Kondur
Ceratonia siliqua L.	Fabaceae	Kharnub
Cuscutachinensis Lam.	Convolvulaceae	Kashus
Cydonia oblonga Mill.	Rosaceae	Safarjal
Cymbopogon schoenanthus (L.) Spreng.	Poaceae	Izkher
Hyoscyamus sp.	Solanaceae	Banj
Juglansregia L.	Juglandaceae	Juz
Lens culinaris Medik.	Fabaceae	Adas
Myrtus communis L.	Myrtaceae	Aas
Nymphaea alba L.	Nymphaeaceae	Nilufar
Oleae uropaeaL.	Oleaceae	Zeitun
Onopordum acanthium L.	Asteraceae	Shukaei
Paeonia officinalisL.	Paeoniaceae	Ood-al- Saleeb, Favania
Paeonia emodi Wall. ex Royle		
Pistacia lentiscus L.	Anacardiaceae	Mastaki
Polygonum aviculare L.	Polygonaceae	Asi-al-raei
Portulaca oleracea L.	Portulacaceae	Boghla-al-homgha
Punica granatum L.	Lythraceae	Jolnar
Rhus coriaria L.	Anacardiaceae	Somagh
Rumex acetosa L.	Polygonaceae	Hommaz
Solanum nigrum L.	Solanaceae	Enab-al-saalab
Symphytum sp.	Boraginaceae	Samghuton
Tragopogon sp.	Asteraceae	Lahyat-al-tis
Ziziphus spina-christi (L.) Willd.	Rhamnaceae	Sedr

### Ménorragie / hyperménorrhée

### Physiopathologie:

Déséquilibre sécrétion endométriale PGE2/PGF2alpha vasoconstrictrice Etat fibrinolytique local

### **Traitement médical:**

AINS (acide méfénamique), risques digestifs

DIU levonorgestrel

Acide tranexamique, souhait grossesse, risque digestifs, rares thromboemboliques Oestro-progestatifs, risque thromboembolique, myocardique, cancer du sein



### Myrtus communis, Myrtaceae (fruit)





Myrtucommulone (acyl phloroglucinol) inh COX1 et lipooxygénase et synthèse PGE2 (feuille)

Extraits parties aériennes : antincociceptif et anti-inflammatoire

Qaraaty et al. DARU Journal of Pharmaceutical Sciences 2014, 22:45

Effect of myrtle fruit syrup on abnormal uterine bleeding: a randomized double-blind, placebo-controlled pilot study

Marzieh Qaraaty<sup>1</sup>, Seyed Hamid Kamali<sup>2\*</sup>, Fataneh Hashem Dabaghian<sup>3</sup>, Nafiseh Zafarghandi<sup>4\*</sup>, Roshanak Mokaberinejad<sup>5</sup>, Masumeh Mobli<sup>6</sup>, Gholamreza Amin<sup>6</sup>, Mohsen Naseri<sup>1</sup>, Mohammad Kamalinejad<sup>7</sup>, Mohsen Amin<sup>8</sup>, Azizeh Ghaseminejad<sup>9</sup>, Seyedeh jihan HosseiniKhabiri<sup>10</sup> and Daryush Talei<sup>11</sup>

Sirop des fruits 5 ml x 3 / j, 7 jours, 3 cycles, N=35, 41 ans

- ✓ <u>Réductions significatives</u> de la durée des saignements, du nombre de tampons et élévation du score de qualité de vie
- ✓ Pas d'effets indésirables rapportés
- ✓ Pas de suivi après l'essai

#### <u>Baie :</u>

Tanins (acide gallique) styptiques

Anthocyanes anti-inflammatoires (inh PGH endoperoxyde synthase 1 et 2)

Flavonoïdes anti-inflammatoires dont inh iNOX et COX-2

### Portulaca oleracea, Portulacaceae

### Extraits parties aériennes :

- activité oestrogéniques chez le rat,
- cicatrisante chez la souris,
- antalgique et anti-inflammatoire uniquement IP chez le rat,
- antiproliférative sur carcinome cervical in vitro et chez la souris (polysaccharides)





PHYTOTHERAPY RESEARCH
Phytother. Res. 23, 1411–1414 (2009)
Published online 9 March 2009 in Wiley InterScience
(www.interscience.wiley.com) DOI: 10.1002/ptr.2790

# Portulaca oleracea L. in the Treatment of Patients with Abnormal Uterine Bleeding: A Pilot Clinical Trial

S. F. Shobeiri<sup>1</sup>, S. Sharei<sup>2</sup>, A. Heidari<sup>3</sup>\* and S. Kianbakht<sup>4</sup>

Poudre de graines 5g /4h, 3 jours, N=10, 45 ans

- ✓ Réductions <u>déclaratives</u> de la durée et des volumes des saignements chez 80% des traitées, 20% sans effet
- ✓ Pas d'effets indésirables rapportés
- ✓ Suivi 3 mois : pas de récurrence chez les répondeuses

### Punica granatum, Punicaceae:

Fruit : polyphénols anti-inflammatoires inh. PGE2 et NO

Fleurs : extraits antispasmodiques et utérorelaxant chez le rat

Feuilles: glucopyranoside bloque NF-jB d'où inh. expression molecules d'adhésion induite par TNFa

### Pas d'essai clinique





Pharmaceutical Biology, 2012; 50(4): 443–452 © 2012 Informa Healthcare USA, Inc. ISSN 1388-0209 print/ISSN 1744-5116 online DOI: 10.3109/13880209.2011.611145

### Hémostase

#### **RESEARCH ARTICLE**

### Herbal remedies affecting coagulation: A review

Werner Cordier and Vanessa Steenkamp

Department of Pharmacology, School of Medicine, Faculty of Health Sciences, University of Pretoria, Pretoria, South Africa

#### Données essentiellement in vitro

Table 1. Herbal remedies affecting coagulation.

Family	Plant	Vernacular name (uses if stated)	Effect (phytochemical if stated)	References
Antithrombin activity				
Apiaceae	Angelica sinensis (Oliv.) Diels	Dong quai (menstrual symptoms)	Antithrombin activity <sup>a</sup> (coumarins suggested)	Page & Lawrence, 1999; Campos- Toimil et al., 2002; Basila & Yuan, 2005
Araliaceae	Hedera helix L.	Common ivy	Antithrombin activity <sup>a</sup>	de Medeiros et al., 2000
	Tetrapanax papyriferus C. Koch	Rice paper plant	Antithrombin activity <sup>a</sup>	Chistokhodova et al., 2002
Asteraceae	Bidens tripartita L.	Three-lobe beggarticks	Antithrombin activity <sup>a</sup>	Goun et al., 2002
Monostromataceae	Monostroma latissimum (Keutzing) Wittrock	Kelp	Increased aPTT and TT <sup>a</sup> (sulfated polysaccharides)	Mao et al., 2009
Euphorbiaceae	Croton zambesicus Müell Arg.	Tondibonhamey (menstrual pain)	Decreased thrombin activity <sup>a</sup> (diterpenes suggested)	Robert et al., 2010
	Jatropha curcas Linn.	Physic nut (abortifacient, haemostatic)	Procoagulant when concentrated, anticoagulant when diluted <sup>a</sup>	Osoniyi & Onajobi, 2003
Fabaceae	Cassia petersiana Belle.	Dwarf cassia	Increased PT <sup>n</sup>	Cordier et al., 2011
Fagaceae	Querces robur L.	English oak	Antithrombin activity <sup>a</sup>	Goun et al., 2002

Table 1. (Continued)

Family	Plant	Vernacular name (uses if stated)	Effect (phytochemical if stated)	References
Antiplatelet activity				
Agavaceae	Yucca schidigera Roezl.	Mohave yucca	Decreased platelet aggregation and lipid peroxidation (polyphenols and resveratrol)	Olas et al., 2002
Anacardiaceae	Rhus verniciflua Stokes	Lacquer tree (promoting blood flow, removing blood stasis)	Decreased platelet aggregation, calcium mobilization, PAC-1 and P-selectin membrane-receptor expression <sup>a</sup> and thrombotic- induced death/paralysis <sup>b</sup> (isomaltol and pentagalloyl glucose)	Jeon et al., 2006
Aplaceae	Petroselinum crispum L.	Parsley (arterial hypertension, cardiac diseases)	Decreased platelet aggregation <sup>a,b</sup> , increased tail bleeding time <sup>b</sup> (polyphenols suggested)	Mekhfi et al., 2004; Gadi et al., 2009
Arecaceae	Calamus quiqeusetinervius Burret.	Rattan palm (hypertension)	Decreased collagen-induced platelet aggregation <sup>a</sup> (quiquelignan B, C, D, F and H)	Chang et al., 2010
Asteraceae	Achillea falcata L.	Yarrow (haemorrhagia)	Antiplatelet activity <sup>a</sup> (1,8-cineole, p-cymene or β-thujone suggested)	Aburjai & Hudaib, 2006
	Artemisia dracunculus L.	Tarragon (anticoagulant)	Decreased platelet adhesion, protein secretion <sup>a</sup> (polyphenols suggested)	Shahriyary & Yazdanparast, 2007
	Solidago chilensis Meyen	Goldenrod (anti-inflammatory)	Decreased platelet aggregation <sup>a</sup>	Rafael et al., 2009
Cistaceae	Cistus ladaniferus L.	Gum rockrose (antioxidant)	Decreased platelet aggregation <sup>a</sup> (polyphenols suggested)	Mekhfi et al., 2004
Clavicipitaceae	Beauveria bassiana (BalsCriv) Vuill.	White muscardine	Decreased platelet aggregation <sup>a</sup> (bassiatin)	Kagamizono et al., 1995
Equisetaceae	Equisetum arvense L.	Field horsetail (haemostatic)	Decreased platelet aggregation <sup>a</sup> (polyphenols suggested)	Mekhfi et al., 2004

Table 1. (Continued)

Family	Plant	Vernacular name (uses if stated)	Effect (phytochemical if stated)	References
Antithrombotic and antiplatelet activity				
Alliaceae	Allium sativum L.	Garlic (cardiovascular conditions)	Anticoagulant activity, decreased platelet aggregation <sup>a</sup> (allicin,	Srivastava, 1986; Rose et al., 1990; Basila & Yuan, 2005; Beckert et al.,
Araliaceae	Panax ginseng C.A. Meyer	Korean ginseng	Decreased platelet aggregation, increased TTa (saponins and ginsenosides suggested)	Basila & Yuan, 2005; Beckert et al., 2007; Lau et al., 2009
	Panax notoginseng (Burk) F.H.Chen	Sangi (haemostatic, cardiovascular diseases)	Decreased platelet aggregation <sup>a,b</sup> , increased coagulation times <sup>a</sup> , bleeding <sup>b</sup> (saponins and ginsenosides suggested)	Su et al., 1996; Liao & Li, 1997; Yao et al., 2008; Lau et al., 2009
	Panax quinquefolium Linn	American ginseng	Decreased platelet aggregation, adhesion, increased TT, platelet fluidity <sup>a</sup>	Basíla & Yuan, 2005; Lau et al., 2009
Fabaceae	Glycyrrhiza glabra L.	Licorice	Direct antithrombin activity on exosite 1 <sup>a</sup> , increased bleeding effect, decreased thrombus size, platelet aggregation <sup>b</sup> (glycyrrhizin suggested)	Francishetti et al., 1997; Goun et al., 2002; Mendes-Silva et al., 2003
Staunching activity Formulation containing Araliaceae Formulation consisting of Lamiaceae, Fabaceae, Vitaceae, Zingiberaceae and Urticaceae	Panax notoginseng (Burk) F.H.Chen Thymus vulgaris L., Glycyrrhiza glabra, Vitis vinifera L., Alpinia officinarum Hance, Urtica dioïca	Yunnan Baiyao (wound healing) Ankaferd Blood Stopper® (wound healing)	- Reduced bleeding time and volume <sup>b</sup>	Pan et al., 2006 Goker et al., 2008

 ${\it Table 2. Herbal \ remedies \ which \ have \ been \ reported \ to \ adversely \ affect \ clotting.}$ 

Plant		Herbal usage		_		
vernacular	Patient	Dosage	Duration	Procedure/medication	Incidence	Comments
Ginkgo	65 (M)	NS	NS	Hip arthroplasty	Postoperative wound hemorrhage	_
biloba	61 (M)	40 mg (3-4× daily)	6 months	Spontaneous	Subarachnoid hemorrhage	No other causes found
	72 (F)	50 mg (3× daily)	NS	Spontaneous	Subdural hematoma	No other causes found
	33 (F)	120 mg (daily)	2 years	Spontaneous	Bilateral hematomas	Prolonged bleeding time, normalized after cessation of herbal
	56 (M)	40 mg (3× daily)	18 months	Spontaneous	Intracerebral hemorrhage	No other causes found
	34 (M)	2 tablets (daily)	NS	Laparoscopic cholecystectomy	Persistent hemorrhage from gall bladder	Transfusion required
	70 (M)	40 mg (2× daily)	NS	Spontaneous, 325 mg aspirin daily	Hyphema	Appeared within 1 week of starting herbal
	78 (F)	NS	NS	Stable warfarin usage	Intracerebral hemorrhage	Appeared within 2 months of concomitant herbal usage
	77 (F)	120 mg (daily)	NS	Hip arthroplasty, aspirin usage (ceased 10th day postoperation)	Persistent bloody drainage from wound (over 3 weeks)	Only reported aspirin usage initially, bleeding ceased after cessation of herbal
	73 (M)	NS	6 months	Minor trauma and bleeding tendencies	Hemorrhoidal bleeding, ecchymosis	Bleeding gradually stopped after cessation of herbal
Garlic	87 (M)	2 g (daily)	NS	Spontaneous	Epidural hematoma	Elevated bleeding time, normalized 3 days after herbal cessation
	72 (M)	NS	NS	Transfusion after transurethral prostate reaction	Bleeding	Impaired platelet function 3 months after starting herbal again
	32 (F)	Heavy usage	NS	Breast augmentation	Hematoma	Prolonged bleeding time, normalized 1 week after herbal cessation
Ginseng	72 (F)	200 mg (daily)	1 month	Spontaneous	Vaginal bleeding	_
	44 (F)	Face cream	NS	Spontaneous	Vaginal bleeding	_
	39 (F)	Oral and topical	NS	Spontaneous	Menometrorrhagia	Stopped 10 days after herbal cessation
Danshen	62 (M)	NS	2 weeks	Mitral valve replacement, stable warfarin usage (5 mg)	Chest pain, dyspnea, fatigue, pericardial, and right pleural fluid collections	INR > 8.4, aPTT > 120 s

NS, not stated; M, male; F, female. Table comprised Izzat et al. (1998), Bent et al. (2005), and Beckert et al. (2007).

### Sauge chinoise

Phytothérapie commercialisée en pharmacie en France « Médicament traditionnel » AMM, Visa

Achillée millefeuille, **bourse à pasteur**, potentille La plante des épistaxis est la « feuille de ronce » (Rubus fructicosus, Rosaceae)

	,				•	
н	$\Delta$	m	^	rr	$\boldsymbol{\cap}$	es
						-

**Pour dompter la douleur, l'inflammation et l'œdème** : 600 mg de **fragon** par jour, ou 150 gouttes d'intrait de **marron d'Inde** en 3 prises pendant 8 jours.

• • •

puis continuer avec des gélules (ou tisanes) de vigne rouge, hamamélis, cyprès, marronnier (écorce), à la même posologie.

...

Passiflore, bouillon-blanc, gingembre, ginkgo, lierre grimpant ou solidage sont parfois proposés

### Bourse à Pasteur

Capsella bursa-pastoris, Brassicaceae Shepherd's purse



#### **Constituants:**

Tanins (maillage, anti-plasmine, anti-Xa)

Flavonoïdes

Calcium

Vitamine K

Fer

Choline, acétylcholine, stérols

### **Allégations:**

Contraction des muscles lisses utérins Astringent, anti-oxydant, anti-inflammatoire



Utilisé par voie orale dans les saignements utérins importants ou intermenstruels

Dong, H et al.

"Effects of tannins from Geum japonicum on the catalytic activity of thrombin and factor Xa of blood coagulation cascade." *Journal of natural products* vol. 61,11 (1998): 1356-60.



Effect of Hydroalcoholic Extract of *Capsella* bursa pastoris on Early Postpartum Hemorrhage: A Clinical Trial Study

Plante entière

Etude iranienne

Simple aveugle randomisé

Placebo N=50+50,

Décours expulsion placenta

10 gouttes sublinguale (500mg, 5g plante) extrait vs placebo, + ocytocyne

Table 2. Comparison of Mean Blood Loss in the Two Groups

	Capsella group (n=50)	Control group $(n=50)$	Result
Variable	Mean (SD)	Mean (SD)	p
Blood loss in the first hour (mL) Blood loss in the second hour (mL) Blood loss in the third hour (mL) The total volume of blood loss (mL)	36.56 (13.74) 25.6 (16.98) 15.18 (11.71) 76.94 (29.1)	52.66 (20.66) 34.80 (14.74) 24.40 (14.02) 112.46 (39.64)	<0.0001 <sup>a</sup> <0.0001 <sup>b</sup> <0.0001 <sup>b</sup> <0.0001 <sup>b</sup>

at test.

Table 3. Comparison of Hemoglobin and Hematocrit Levels Before and After the Intervention in the Two Groups

Variable	Groups	Capsella group (n=50)	Control group (n = 50)	p
Before		$39.08 \pm 1.34$	$38.81 \pm 1.55$ $12.72 \pm 0.571$	0.347 <sup>a</sup> 0.179 <sup>a</sup>
After	HCT (%)	$37.34 \pm 1.68$		<0.0001 <sup>b</sup>

<sup>&</sup>lt;sup>a</sup>The *t* test.

bMann-Witney test.

bMann-Whitney's test.

THE JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE Volume 24, Number 7, 2018, pp. 694–700

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DOI: 10.1089/acm.2017.0267

# **JACM**

Effect of Hydroalcoholic Extracts of Capsella Bursa-Pastoris on Heavy Menstrual Bleeding: A Randomized Clinical Trial

Mahdis Naafe, MSc Nasim Khademi, M

TABLE 1
GROUPS
STAT

FIG. 2. Comparison of PBLAC score of menstrual bleeding between the experimental and control groups before the treatment and in the first and second courses of the treatment. PBLAC, pictorial blood BMI categoloss assessment chart.

BMI categd<sup>o</sup> Normal ( Overweig

Taux de satisfaction supérieure dans le groupe traitement (91% vs 62%) Etude iranienne

Triple aveugle randomisé

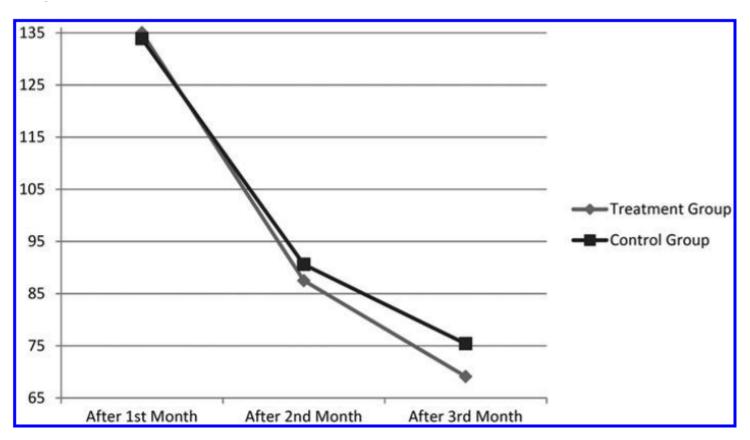
Placebo N=42+42

1<sup>er</sup> jour règles pendant 7 jours, 2 cycles

2 capsules (2x320mg, amidon) /12h vs placebo,

+ 500 mg x 2 /j acide méfénamique

#50% effets indésirables digestifs, 2 groupes



### **Ankaferd blood stopper (ABS)**





Anka

### Mélange traditionnel de l'Anatolie

Thymus vulgaris, Lamiaceae Glycyrrhiza glabra, Fabaceae Vitis vinifera, Ampelidaceae Alpina officinarum, Zingiberaceae Urtica dioica, Urticaceae 0,1 à 10 mg selon la forme

### Autorisé en Turquie

Hôpital Ambulances Hémostatique chirurgical et traumatique Feuille sèche









Racine sèche



Beyazit, Yavuz et al.

"Evaluation of hemostatic effects of Ankaferd as an alternative medicine." *Alternative medicine review : a journal of clinical therapeutic* vol. 15,4 (2010): 329-36.

### Mécanisme d'action proposé :

Spectrine et ankyrine requises au niveau membrane du globule rouge

Upregulation du système de transcription GATA/FOG

Urotensine II: vasoconstrictrice

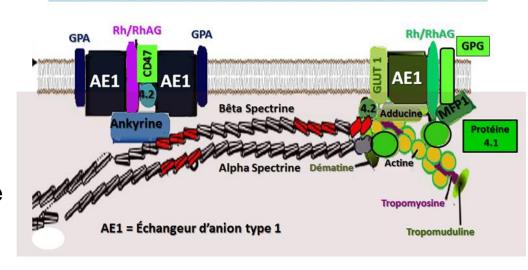
Lien entre endothélium lésé, protéines d'adhésion et l'érytrhocyte activé Apparition de phosphatidylsérine externe : X/Xa

Indépendance vis-à-vis des facteurs de la coagulation

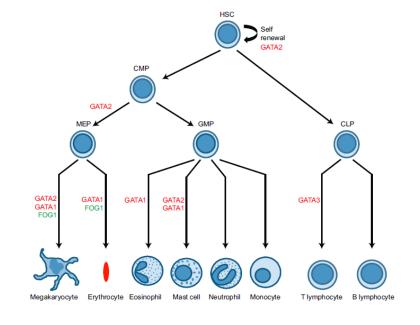
Rôle d'agglutination des protéines ?

Alternative Medicine Review Volume 15, Number 4

#### Relation Spectrines et phospholipides membranaires



Selon Bogusławska et al., Cell Mol Biol Lett. 2014 Mar;19(1):158-79



3 essais cliniques à l'origine de l'autorisation du ministère turc de la santé :

- ✓ Saignements lors de la mise en place d'un abord vasculaire
- ✓ Epistaxis antérieure
- √ Hémorragies en post-amygdalectomie

Utilisable en cas de troubles de l'hémostase

Alternative Medicine Review Volume 15, Number 4

J Interven Cardiol. 2018;31:511-517.

Ankaferd blood stopper as a new strategy to avoid early complications after transradial procedures: A randomized clinical trial

Sevket Gorgulu MD 📵 | Tugrul Norgaz MD | Ilke Sipahi MD

630 patients 3 groupes

Critère de jugement RAO à l'hémostase, 24h, 30j

Description des pratiques dans chaque groupe peu claire (temps de contention)

**Background:** We planned a three arm randomized study to evaluate the safety and efficacy of a new blood stopper, Ankaferd blood stopper (ABS) along with short-time compression, compared to either short-time compression with conventional sterile gauzes (CSG) or with a TR band after transradial (TRA) procedures.

Methods: The Ankaferd blood stopper as a new strategy to avoid early complications. After transradial procedures (ABS transradial) trial is designed in a prospective, randomized, placebo-controlled fashion and registered with http://clinicaltrials.gov (NCT02982733). Six hundred and thirty patients were randomized into three arms in a 1:1:1 fashion corresponding to three different strategies of patent hemostasis techniques after diagnostic or interventional catheterization.

**Results:** One (0.49%) patient in the CSG group and one patient (0.48%) in the TR Band group developed RAO at the end of the hemostasis, compared with 0 (0%) in the ABS group. At 30 days follow-up none of the groups had any patients with RAO. As a secondary end-points the difference was not statistically significant regarding hematoma among the three groups (P = 0.70). Bleeding during deflation of the TR Band or removal of the elastic bandage occurred in 55 patients (26.96%) in the CSG group and in 56 (27.31%) patients in the TR Band group compared to 19 patients (9.40%) in the ABS group (P < 0.001).

Conclusion: Ankaferd blood stopper is a promising device for use in patent hemostasis, with no evidence on RAO at short-term or long term and with reduced risk of rebleeding at the end of hemostasis.

#### KEYWORDS

Ankaferd, patent hemostasis, radial artery occlusion



Kurt M, Disibeyaz S, Akdogan M, et al. Endoscopic application of Ankaferd Blood Stopper as a novel experimental treatment modality for upper gastrointestinal bleeding: a case report. *Am J Gastroenterol* 2008;103:2156-2158.

Et bien plus encore...

Canatan D, Savaş Ç, Kubulu AE, et al. RFVIIA and Ankaferd use in a hemophilia patient with inhibitor [abstract]. 34th National Congress of Haematology. İzmir, Turkey; 2008: Abstract B056. Arslan S, Oz B, Haznedaroglu IC, Goker H. Endobronchial application of Ankaferd Blood Stopper to control profuse lung bleeding leading to hypoxemia and hemodynamic instability. Respir Med CME 2009;2:144-146.

- Akkoc N, Akcelik M, Haznedaroglu I, et al. In vitro anti-bacterial activities of Ankaferd Blood Stopper. Int J Lab Hematol 2008;30:95.
- Tasdelen Fisgin N, Tanriverdi Cayci Y, Coban AY, et al. Antimicrobial activity of plant extract Ankaferd Blood Stopper. Fitoterapia 2009;80:48-50.
- İşler SC, Demircan S, Cakarer S, et al. Effects of folk medicinal plant extract Ankaferd Blood Stopper on early bone healing. J Appl Oral Sci 2010;18:409-414.



**Cochrane** Database of Systematic Reviews

### Padma 28 for intermittent claudication (Review)

Stewart M, Morling JR, Maxwell H

Cochrane Database of Systematic Reviews 2016, Issue 3. Art. No.: CD007371.





### Mélange de 20 composés issu de la médecine tibétaine

Un comprimé de PADMA 28 contient : Bois de santal rouge 30 mg, D-camphre 4 mg, clou de girofle 12 mg, fleur de souci 5 mg, fruit de cardamome 30 mg, fruit du margosier 35 mg, fruit du myrobalan 30 mg, genre de gingembre 10 mg, genre de limon 20 mg, genre de mauve 10 mg, gypse nat. 20 mg, herbe d'ancolie 15 mg, herbe de la renouée des oiseaux 15 mg, herbe de plantain 15 mg, herbe de potentille 15 mg, laitue 6 mg, lichen d'Islande 40 mg, piment 25 mg, racine de réglisse 15 mg, racine de sarriette indienne 40 mg, racine de valériane 10 mg, tubercule d'aconit 1 mg.

### Padma 28 for intermittent claudication (Review)

5 essais, 365 patients, > 16 semaines de suivi
Gain significatif sur la distance maximale de marche sans douleur dans le groupe traité
Gain calculé vs placebo 96 m
Pas de données sur l'amélioration de la qualité de vie
Pas d'effet sur l'index de pression systolique
Pas de différences sur l'inconfort intestinal, la fatigue ou les éruptions cutanées
Effet long terme ?
Données trop limitées pour conclure

Cochrane Database of Systematic Reviews 2016, Issue 3. Art. No.: CD007371.

Nat Prod Res. 2011 Dec;25(20):1902-7. doi: 10.1080/14786419.2010.490785. Epub 2011 Nov 1.

### Antihaemorrhagic potentials of Fagonia cretica against Naja naja karachiensis (black Pakistan cobra) venom

Muhammad Tahir Razi <sup>1</sup>, Muhammad Hassham Hassan Bin Asad, Taous Khan, Muhammad Zabta Chaudhary, Muhammad Tayyab Ansari, Muhammad Anwar Arshad, Qazi Najam-us Saqib



Fagonia cretica, Zygophyllaceae

Feuilles et rameaux

#### Usage traditionnel

In vitro
Comparé au serum anti-venin et autres plantes
Non infériorité





Contents lists available at ScienceDirect

#### Journal of Ethnopharmacology

journal homepage: www.elsevier.com/locate/jep

Research Paper

Plants used to treat snakebites in Santarém, western Pará, Brazil: An assessment of their effectiveness in inhibiting hemorrhagic activity induced by Bothrops jararaca venom

Kalanchoe brasiliensis

Dipterix odorata

#### Valéria Mourão de Mc Table 4 Milton Nascimento da

Juliana Divina Almeid Inhibition by aqueous extracts of hemorrhage induced by Bothrops jararaca venom.

Universidade Feder <sup>b</sup> Programa Multi-I	nstitucional de Pós	Groups	Diameter of the hemor	rrhagic lesion (mm) <sup>m</sup>	Inhibition of hemo	rrhage (%) <sup>m</sup>	
Instituto de Ciência <sup>c</sup> Programa de Pós-			1:12 (w/w)	1:48 (w/w)	1:12 (w/w)	1:48 (w/w)	
	ed by res	Bothrops jararaca + saline Bellucia dichotoma + Bothrops jararaca Aniba fragrans + Bothrops jararaca Annona montana + Bothrops jararaca	10.21 ± 0.13 0 8.07 ± 0.25 9.64 ± 0.09	$10.21 \pm 0.13$ 0 $4.21 \pm 0.04$ $9.65 \pm 0.29$	100* 21 ± 2* 5.6 ± 0.9	- 100* 59 ± 0.4* 5.5 ± 2	_
Plant no.	Comm	Connarus favosus+Bothrops jararaca Justicia pectoralis+Bothrops jararaca Plathymenia reticulata+Bothrops jararaca	9.37 ± 0.08	0 8.14±0.16 0	100* 8.2 ± 0.8 100*	100* 20,3* 100*	
1	Açaí	Philodendron megalophyllum+Bothrops jararaca Cassia fistula+Bothrops jararaca	0 8.89 ± 0.11	0 8.07 ± 0.14	100* 12.9 ± 1*	100* 20.9 ± 1*	•
2	Algodã Amor (	Libidibia ferrea + Bothrops jararaca Crataeva benthamii+ Bothrops jararaca	$9.53 \pm 0.03$ $10.12 \pm 0.25$	$9.26 \pm 0.10$ $10.21 \pm 0.33$	$6.6 \pm 0.3$ $0.8 \pm 2$	9.3 ± 1 0	
5	Araticu Canafís	Kalonchoe brasiliensis+Bothrops jararaca Dipteryx odorata+Bothrops jararaca	$6.08 \pm 0.29$ $10.09 \pm 0.20$	$4.39 \pm 0.06 \\ 10.19 \pm 0.40$	40.5 ± 2.8* 1.7 ± 2	57 ± 0.6* 0.2 ± 4	_
6		<sup>m</sup> Values are given as mean $\pm$ SD, n=4 per group. Dunnett's test. The venom and extract were preincubated for 30 min at $p < 0.05$ vs. control (Bothrops jararaca venom).	at 37 °C at venom-to-extract	ratios of 1:12 and 1:48.			

 $1.86 \pm 0.01$ 

 $1.59 \pm 0.19$ 

 $< LQ^a$ 

 $1.24 \pm 0.24$ 

Table 2

Results expressed in g per 100 g, dry basis. Mean  $\pm$  standard deviation (n=3).

 $1.83 \pm 0.14$ 

 $2.48 \pm 0.15$ 

### Stratégie de recherche de médicaments à partir du savoir traditionnel

'LQa

< LQ<sup>a</sup>

Phytochemical analysis of aqueous extracts of the 12 species selected. Bd (Bellucia dichotoma- bark), Af (Aniba fragrans- bark), Am (Anonna montana- leaf), Cf1 (Connarus favosus-bark), Jp (Justicia pectoralis- leaf), Pr (Plathymenia reticulata-

bark), Pm (Philodendron megalophyllum- vine), Cf2 (Cassia fistula- seed), Lf

(Libidibia ferrea- seed), Cb (Crataeva benthamii- leaf), Kb (Kalanchoe brasiliensis-

ies

ees

m-

f2na;

 $2.23 \pm 0.48$ 

'LQa

a Programa de Pós-Graduação em Rec

a Concentration below the quantification limit of the method (0.03 mg/mL).

# Taxon analysis of seed plants used in studies of blood platelet function\*

Postepy Hig Med Dosw (online), 2013; 67: 1154-1165

Strategy 1 (#1): flavonoids AND platelet\*

Strategy 2 (#2): polyphenols AND platelet\*

Strategy 3 (#3): polyphenolic compounds AND platelet\*

**Table 4.** Share of families richest in genera/species used in blood platelet studies

Family	No. of taxa (n)	%
Asteraceae	19	19.4
Fabaceae	15	15.3
Rosaceae	6	6.1
Apiaceae	4	4.1
Moraceae	4	4.1
Zingiberaceae	4	4.1
Lamiaceae	3	3.1
Adoxaceae	2	2.0
Ericaceae	2	2.0
Malvaceae	2	2.0
Rutaceae	2	2.0
Solanaceae	2	2.0
remaining	33	33.7
Total	47	100

Achillée, Armois Réglisse Ronce

# Stratégie de recherche de médicaments à partir des familles chimiques actives Angiogénèse

PHYTOTHERAPY RESEARCH Phytother. Res. 25: 1–10 (2011)

Voie VEGF/VEGFR-2 alternative (cancer, rétinopathie, PR, obésité, endométriose)

\*\*Phytother: Res. 25: 1–10 (2011)\*\*

Alternatives aux -mab, -tinib (bevacizumab, gain efficacité, profil sécurité) screenées sans essais clinique

Table 1. Angiogenesis-inhibiting phytochemicals

Compound classification	Compound	Scientific name	Crude Drugs	Efficacy	IC <sub>50</sub>	References
POLYPHENOLIC COMPO						
Flavonol	Quercetin Fisetin	Rosa multiflora Gleditsia japonica	Rosae Fructus Gleditsiae Spina	Tumor angiogenesis Inflammatory	>100 μm ~2.0 μM	Chen <i>et al.</i> , 2008 Lee, 2003
				angiogenesis Endometriosis-related angiogenesis Inflammatory angiogenesis		Laschke <i>et al.</i> , 2008; Xu <i>et al.</i> , 2009 Lee <i>et al.</i> , 2009b
Flavone	Apigenin	Hydnocarpus anthelminthia	Hydnocarpi Semen	Corneal neovascularization	~5.0 μM	Joussen, 2000
	Morelloflavone	Hovnia dulcis Garcinia dulcis	Hoveniae Semen Cum Fructus Garciniae Fructus	Tumor angiogenesis Tumor angiogenesis	<20 µМ	Liu <i>et al.</i> , 2005 Jeon <i>et al.</i> , 2005
Flavanol	Epigallocatechin gallate	Thea sinensis	Theae Follium	Tumor angiogenesis	6.5-25 μM	Dona et al., 2003; Xu et al., 2009;
Isoflavone	Genistein	Pueraria lobata Punica granatum	Puerariae Radix Granati Cortex	Tumor angiogenesis	≈10 μM	Büchler, 2004; Wang, 2005
Phenolic acids	Gallic acid	Euphorbia pekinensis Sanguisorba officinalis	Euphorbiae Radix Sanguisorbae Radix	Tumor angiogenesis	≈100 µM	Liu, 2006
	Ellagic acid	Geranium thunbergii	Geranii Herba	Tumor angiogenesis	0.18 μΜ	Labrecque et al., 2005
	1,2,3,4,6-penta-O- galloyl-β-D-glucose (PGG)	Euphorbia pekinensis Paeonia lactiflora	Euphorbiae Radix Paeoniae Radix	Tumor angiogenesis	≈4 μM	Lee, 2004; Huh <i>et al.</i> , 2005; Zhang <i>et al.</i> , 2009

Table 1. Continued

Compound classification	Compound	Scientific name	Crude Drugs	Efficacy	IC <sub>50</sub>	References
Other non-flavonoid polyphenolics	Resveratrol (Stilbene)	Veratrum album Morus alba	Veratrumae Radix	Tumor angiogenesis Inflammatory angiogenesis	$0.7\pm0.1~\mu M$	Chen <i>et al.</i> , 2006; Bishayee, 2009; Bertelli, 2001
	Curcumin	Curcuma longa Curcuma zedoaria	Curcumae Longae Radix Zedoariae Rhizoma	Tumor angiogenesis	≈40 µM	Lin, 2007; Kunnumakkara, 2008; Binion, 2008
		Alpinia oxyphylla	Alpiniae Fructus	Adipokine-induced angiogenesis		Ejaz <i>et al.,</i> 2009
				Inflammatory angiogenesis		Jackson, 2006
TERPENES	Campesterol (Phytosterol)	Gastrodia elata	Gastrodiae Rhizoma	Tumor angiogenesis	≈25 μM	Choi et al., 2007
INDOLES	Sulforaphane	Raphanus sativus	Raphani Semen	Tumor angiogenesis	<b>≈</b> 5 μM	Jackson, 2007; Yao et al., 2008
PYRANOCOUMARINS AND SIMPLE	Decursin	Angelica gigas	Angelicae Gigantis Radix	Tumor angiogenesis	<10 μΜ	Lee et al., 2009b; Jung et al., 2009; Son, 2009
COUMARINS	Decursinol angelate			Tumor angiogenesis		Jung et al., 2009; Son, 2009
	Decurisnol			Tumor angiogenesis	≈1 μM	
	Scopolin	Scopolia japonica Morus alba	Scopolilae Rhizoma Mori Folium	Inflammatory angiogenesis	N/A	Pan et al., 2009
MISCELLANEOUS	11,11'-dideoxyverticillin	Shiraia bambusicola		Tumor angiogenesis	≈1 μM	Chen et al., 2005
	Celastrol	Tripterygium wilfordii	Tripterygiumae Radix	Tumor angiogenesis	≈100 nM	Huang, 2003; Tao, 2003; He, 2009
	Erianin	Dendrobium chrysotoxum	Dendrobia Stipes	Tumor angiogenesis	≈100 nM	Gong, 2004
	Pedicularioside G	Pedicularis striata	Pedicularis Herba	Tumor angiogenesis	<100 μM	Mu, 2008
	Shiralachrome A	Shiraia bambusicola		Inflammatory angiogenesis	≈2.5 µM	Tong et al., 2004
	Thymoquinone	Nigella sativa	Nigellae Semen	Tumor angiogenesis	<100 nM	Arbiser, 2007

Table 1. Natural Compounds That Have Direct or Indirect Anti-Angiogenic Potential.

No.	Plant Name	Compound	Possible Mechanism
I	Camellia sinensis (green tea)	EGCG	Abrogates VEGF signaling by interfering with formation of VEGF receptor-2 complex
2	Camptotheca acuminate	Camptothecin	Blocks topoisomerase I, inhibits EC proliferation and tube formation, decreases HIFI $\alpha$ and VEGF expression
3	Combretum caffrum	Combretastatin	Inhibits tubulin assembly
4	Cordyceps militaris	Unknown	Inhibits FGF-2 expression in EC and MMP-expression in tumor cells
5	Ganoderma lucidum	Polysaccharide, peptide	Causes EC apoptosis by reducing Bcl-2 expression and increasing Bax expression, decreases VEGF secretion from tumor cells
6	Glycine max (soybean)	Genistein	Suppresses VEGF and FGF-2 expression, inhibits receptor tyrosine kinase, inhibits activation of NF-κB and Akt signaling pathways
7	Glycyrrhiza uralensis (liquorice)	Isoliquiritin	Inhibits tube formation
8	Panax ginseng	Ginsenosides RbI	Inhibits VEGF production by tumor cells
9	Sinomenium acutum	Sinomenine	GI-G0 arrest of ECs
10	Salvia miltiorrhiza (danshen)	Cryptotanshinone	G1-G0 arrest of ECs, apoptosis of ECs
П	Taxus brevifolia	Taxol	Disrupts microtubule cytoskeleton inhibits VEGF production, inhibits HIF- Iα protein
12	Tripterygium wilfordii Hook.f	Triptolide	Inhibits VEGF expression and secretion from ECs, inhibits COX-1, COX2, and 5-lipoxygenase, decreases transcription of the gene encoding inducible nitric oxides synthase
13	Vinca rosea	Vincristine	Disrupts microtubule cytoskeleton, inhibits VEGF production
14	Vitis spp (grape)	Resveratrol	Disrupts Src-dependent VE cadherin tyrosine phosphorylation

Table I. In vitro and in vivo research of Chinese medicinal herbs in hemato-oncology.

Herbal preparation	Study description and results
Indirubin and meisoindigo (based on traditional Chinese prescription Ganggui Luhui)	Prolonged durations of chronic phase, overall survival, and a decreased incidence of CML blast crisis at 60 months when meisoindigo and hydroxyurea were given in combination compared to treatment with busulfan, meisoindigo, and hydroxyurea alone [80]
Coptidis rhizoma, Huang-lian in traditional Chinese medicine or Orengedokuto (OGT) in traditional Japanese medicine	In a retrospective study, OGT significantly prevented mucositis due to anticancer agents [81] and decreased the incidence of stomatitis compared to allopurinol, sodium gualenate, and povidone-iodine (27.9% vs. 71.6%). Also less drug-induced diarrhea (OGT 9.3% vs. control group 31.7%)
Radix codonopsis (Dang Shen) and Radix astragali (Huang Qi) used as Shenqi Fuzheng injection (SFI)	A randomized controlled trial on patients with acute leukemia [82]. Compared to control group on chemotherapy only, patients receiving chemotherapy together with SFI had higher peripheral neutrophil counts after the third and fourth weeks of chemotherapy
Scutellaria barbata	Apoptosis in human U937 leukemia cell line [83] and HL-60 human promyelocytic leukemia cell line [84]
Scutellaria baicalensis	Induces apoptosis in acute lymphoblastic leukemia, lymphoma, and myeloma cell lines. Effect was associated with mitochondrial damage, modulation of the Bcl family of genes, increased level of the CDK inhibitor p27 (KIP1), and decreased level of c-myc oncogene [85]
Scutellaria radix and its component baicalein	Baicalein suppressed proliferation and induced apoptosis in human myeloma cells [86]. Liu et al. show that it is also a potent inhibitor of protein phosphorylation induced by IL-6, suggesting its use in therapy of multiple myeloma [87]
Eugenia jambos L. Atractylodes macrocephala Koidz	Apoptosis in human leukemia cells HL-60 [88] Apoptosis in human lymphoma Jurkat T cells, leukemia U937,
Astragalus mongholicus	and HL-60 cells [89] Apoptosis in leukemia cell line K562 [90]
Rocaglamide derived from the traditional Chinese medicinal plant Aglaia	Modulation of mitogen-activated protein kinase activities in leukemia cells [91]
Protein-bound polysaccharide (PSK) derivative of Coriolus versicolor	Lau et al. showed that this traditional Chinese and Japanese medical mushroom selectively inhibited lymphoma and leukemic cell lines [92] and was dose-dependent. PSK also had potential anti-cancer effects in vitro [93], and in mice

Improved quality of life during treatment of acute leukemia

Potential clinical applications

Chronic myeloid leukemia

(CML)

Neutropenia after treatment for acute leukemia

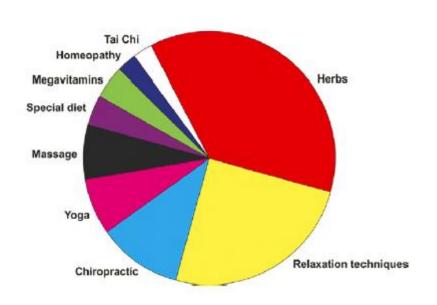
Phase 1B for patients with metastatic breast cancer [94]

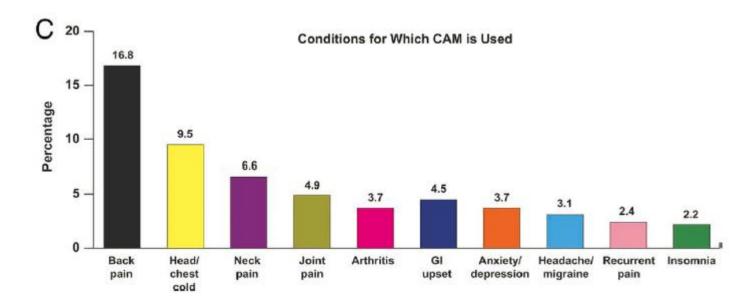
> Recours à la phytothérapie par des patients hospitalisés dans un service d'oncologie pédiatrique : quel respect du bon usage des plantes médicinales en milieu hospitalier ?.

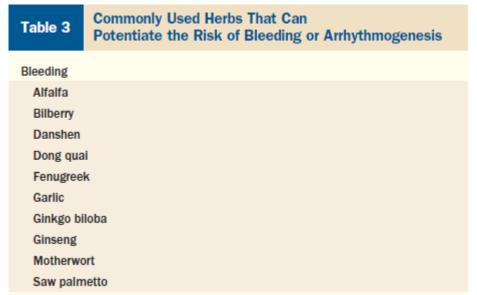
November 2018

Conference: 3éme congrés nationale de la fédération algérienne de pharmacie, Alger, Algérie

50% des patients ont eu recours 37,5% pour soulager les effets secondaires







En 2010 les dépenses non remboursées (cancer) aux USA est de :

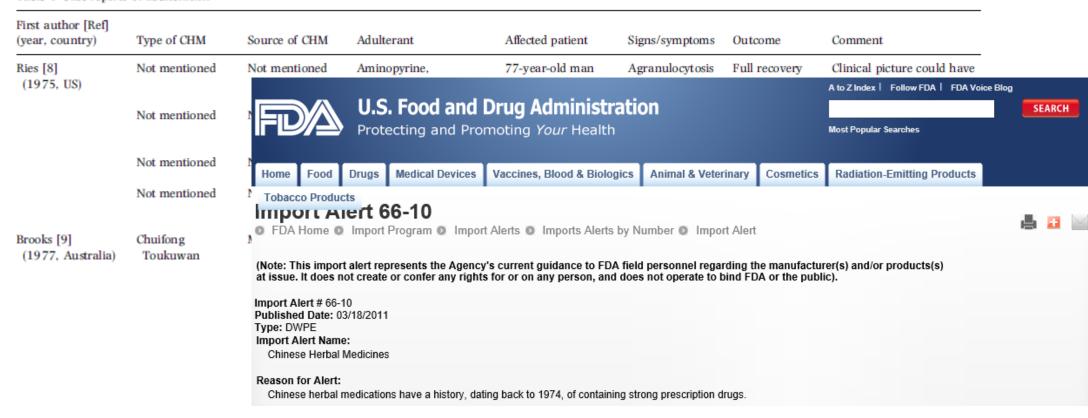
- 54\$ pour les compléments thérapeutiques (max 5000\$) contre 45\$ pour les prescriptions (max 1400 \$)
- Prix d'achat internet 4,33 263 \$ (médiane 27\$)

Leukemia & Lymphoma, August 2010; 51(8): 1389-1390

Agranulocytoses avec des plantes à visée antalgiques et anti-inflammatoires



Table 1 Case reports of adulteration



### Hémorragies

Table 1 (continued)

First author (year) country [reference]	Herbal medicinal products evaluated <sup>a</sup>	Ŋ <sup>b</sup>	Type of primary data <sup>c</sup>	Clinical outcomes	Conclusion (see quotes in Table 2) <sup>d</sup>	Quality of SR <sup>e</sup>	Authors' degrees/ background	COI/SOF <sup>f</sup>	Comment
Emst (2002) UK [20]	Liquorice, ma huang, dong quai, blue cohosh, Taxus cuspidata, valerian,	18	CRs	From hypoglycaemia, intracerebral haemorrhage, lowering of blood	(-/+)	-3	MD,PhD, FRCP	n.m.	In many countries HMPs are marketed as dietary supplements and therefore poorly regulated
	greater celandine, chapparal, Jin Bu Huan, Skullcap, castor oil, eucalyptus oil, aristolochia, shosaikoto, amica.			cyclosporin, nausea, vomiting, headache to death					ion plutôt indienne ation plutôt chinoise
Emst (2003) UK [22]	Panax ginseng, valerian, jimson weed, passionflower, licorice, pennyroyale, kava, ma huang, ginkgo biloba, thunder god wine, eucalyptus, St John's wort, aconite		6 CRs, CS	Cerebral arteritis, cerebral oedema, delirium, coma, confusion, encephalopathy, hallucinations, intracerebral haemorrhage, movement disorders, mood disturbances muscle weakness, paresthesia seizures and death.		3	MD, PhD, FRCP	n.m.	A causal relationship between the HMPs and the AEs were possible or likely.

#### Hémorragies

Table 1 (continued)

First author (year) country [reference]	Herbal medicinal products evaluated <sup>a</sup>	$N^{b}$	Type of primary data <sup>c</sup>	Clinical outcomes		Conclusion (see quotes in Table 2) <sup>d</sup>	Quality of SR <sup>e</sup>	Authors degrees/ backgro	1	COI/SOF <sup>f</sup>	Comment
Emst (2003) UK [22]	Panax ginseng, valerian, jimson weed, passionflower, licorice, pennyroyale, kava, ma huang, ginkgo biloba, thunder god wine, eucalyptus, St John's wort, aconite	26	CRs, CS	Cerebral arteritis, cerebral oedema, delirium, coma, confusion, encephalopathy, hallucinations, intracerebral haemorrhage, movement disorders, mood disturbances, muscle weakness, paresthesiae, seizures and death.	(-)	3		ID, PhD, FRCP	n.m.		A causal relationship between the HMPs and the AEs were possible or likely.

Sérotoninergique → troubles dépressifs Inducteur CYP450 3A4

Baisse des concentrations de warfarine, ciclosporine, tacrolimus Saignements intermenstruels avec contraceptifs oraux



"Pharmacokinetic interactions of drugs with St John's wort."

Journal of psychopharmacology (Oxford, England) vol. 18,2 (2004): 262-76.



Hypericum perforatum, Hypericaceae

Eur J Clin Pharmacol (2013) 69:295-307

PHARMACOTHERAPY Volume 31, Number 5, 2011

### Is There a Risk of Bleeding Associated with Standardized Ginkgo biloba Extract Therapy? A Systematic Review and Meta-analysis



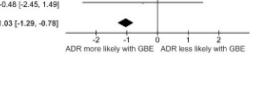
Andrea J. Kellermann, Dipl. Pharm., and Charlotte Kloft, Ph.D.

#### Allégations :

- Flexibilité érythrocytaire
- Réduction viscosité sanguine
- Anti-oxydant
- Modulation neurotransmission

Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI	
3.5	0.4	25	4.4	0.7	19	51.4%	-0.90 [-1.25, -0.55]	-8-	
3.6	0.6	23	4.8	0.7	25	46.9%	-1.20 [-1.57, -0.83]		
10.33	2.84	11	10.81	1.74	11	1.6%	-0.48 [-2.45, 1.49]	-	
		59			55	100.0%	-1.03 [-1.29, -0.78]	•	
00; Ch	$i^2 = 1.1$	64, df =	2 (P =	0.44);	2 = 0%	6			+
1	3.5 3.6 0.33	3.5 0.4 3.6 0.6 0.33 2.84	3.5 0.4 25 3.6 0.6 23 0.33 2.84 11	3.5 0.4 25 4.4 3.6 0.6 23 4.8 0.33 2.84 11 10.81	3.5 0.4 25 4.4 0.7 3.6 0.6 23 4.8 0.7 0.33 2.84 11 10.81 1.74	3.5 0.4 25 4.4 0.7 19 3.6 0.6 23 4.8 0.7 25 0.33 2.84 11 10.81 1.74 11 59 55	3.5 0.4 25 4.4 0.7 19 51.4% 3.6 0.6 23 4.8 0.7 25 46.9% 0.33 2.84 11 10.81 1.74 11 1.6%	3.5	3.5

- 11. Institute for Quality and Efficiency in Health Care (IQWIG). Ginkgo in Alzheimer's disease. IQWIG reports-commission no. A05-19B 2010. Available from http://www.iqwig.de/ download/A05-19B\_Executive\_Summary\_Ginkgo\_in\_ Alzheimers\_disease.pdf. Accessed July 23, 2010.
- 12. Weinmann S, Roll S, Schwarzbach C, Vauth C, Willich SN. Effects of Ginkgo biloba in dementia: systematic review and meta-analysis [online exclusive article]. BMC Geriatr 2010;10:14. Available from http://www.biomedcentral. com/1471-2318/10/14.
- 13. Pittler MH, Ernst E. Ginkgo biloba extract for the treatment of intermittent claudication: a meta-analysis of randomized trials. Am J Med 2000;108:276-81.



- blood flow,
- ❖ adenosine 5'diphosphate (ADP)-induced platelet aggregation,
- fibrinogen concentration,
- activated partial thromboplastin time, and prothrombin time













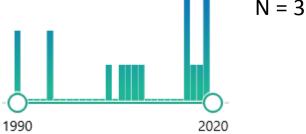




Allium sativum, Liliaceae



N = 3



### Propriétés in vitro :

Suppression de la mobilisation du calcium intraplaquettaire

Inhibition COX et donc formation de thromboxane A2

Compétition avec le récepteur GPIIb/IIIa du fibrinogène

Augmentation des concentrations de cAMP, cGMP et NO

Ajoene : inhibiteur de l'activation plaquettaire induite par le

collagène

Rahman K.

Effects of garlic on platelet biochemistry and physiology.

Mol Nutr Food Res. 2007 Nov;51(11):1335-44.

JACC Vol. 55, No. 6, 2010 February 9, 2010:515-25

### Allégations :

- Prevention des maladies cardiovasculaires. notamment par l'inhibition de l'aggrégation plaquettaire in vitro
- Pas de preuves in vivo

Gardner CD, Lawson LD, Block E, et al. Effect of raw garlic vs commercial garlic supplements on plasma lipid concentrations in adults with moderate hypercholesterolemia: a randomized clinical trial. Arch Intern Med 2007;167:346-53.

517 Tachiian et al. Herbal Products and Cardiovascular Diseases

Herbal Products to Avoid in Patients With Cardiovascular Diseases\* Table 1 Herb Purported Use Cardiac Adverse Effect of Interaction Garlic High cholesterol, hypertension, heart disease Increases bleeding risk with warfarin

### Bien d'autres

Comparative study on the effects of aqueous extracts of viscum album (mistletoe) from three host plants on hematological parameters in albino rats.

Olusola Ladokun, Matthew Ojezele, Oluwatosin Arojojoye

Department of Biochemistry, Lead City University, Ibadan, Oyo state, Nigeria

Elévation des leucocytes

### Rutosides for prevention of post-thrombotic syndrome

#### Main results

No studies were identified comparing rutosides versus any alternative in the prevention of PTS.

MorlingJR, YeohSE, KolbachDN.

Rutosides for prevention of post-thrombotic syndrome.

Cochrane Database of Systematic Reviews 2018, Issue 11. Art. No.: CD005626.

### Traditional Chinese Medicine herbs for stopping bleeding from haemorrhoids

No assured evidence on traditional Chinese medicine herbs (TCMHs) stopping bleeding from haemorrhoids but limited evidence on TCMHs alleviating some symptoms caused by haemorrhoids.

GanT, LiuYD, WangY, YangJ.

Traditional Chinese Medicine herbs for stopping bleeding from haemorrhoids.

Cochrane Database of Systematic Reviews 2010, Issue 10. Art. No.: CD006791.

### Phlebotonics for haemorrhoids

Dont rutosides (quercétine), saponosides (escine)



#### **Authors' conclusions**

The evidence suggests that there is a potential benefit in using phlebotonics in treating haemorrhoidal disease as well as a benefit in alleviating post-haemorrhoidectomy symptoms. Outcomes such as bleeding and overall symptom improvement show a statistically significant beneficial effect and there were few concerns regarding their overall safety from the evidence presented in the clinical trials.

PereraN, LiolitsaD, IypeS, CroxfordA, YassinM, LangP, UkaegbuO, van IssumC.

Phlebotonics for haemorrhoids.

Cochrane Database of Systematic Reviews 2012, Issue 8. Art. No.: CD004322.

### En synthèse :

- Vaste potentiel
- Approches pharmacologiques/ethnopharmacologiques
- Extrait / caractérisation d'un composé candidat (holistique ?)
- Identification d'un modèle physiopathologique nécessaire
- Sortir de l'effet in vitro = enjeu actuel
- Essais cliniques de bon niveau méthodologique apparaissent en hémostase mais beaucoup d'autres de peu de valeur
- Existence de traitement de référence : prise de risque
- Moins d'effets secondaires ?
- Patients plus « convaincus » que les soignants
- Intégrer le risque : dialogue

# 11% of the 252 drugs considered as basic and essential are derived from plants

Rates SM. Plants as source of drugs. Toxicon 2001;39:603–13.



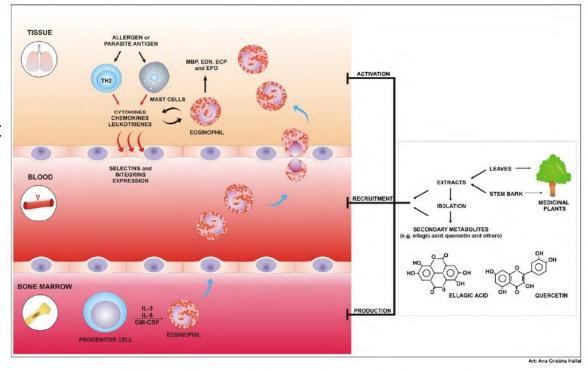


Fig. 1. Potential target of medicinal plants or secondary metabolites in eosinophilic inflammation.

### Des approches différentes selon les spécialités...

#### Conclusions d'articles

Journal of the American College of Cardiology Vol. 55, No. 6, 2010

There is a clear need for better public and physician understanding of herbal products through health education, early detection and management of herbal toxicities, scientific scrutiny of their use, and research on their safety and effectiveness. Regulatory policies are also needed to protect people from untoward effects on their health and finances. The principles and standards of evidence for safety and efficacy of drugs used in conventional medicine should also apply to herbal and other CAM products, with decisions about their use based on the results of scientific inquiry rather than on long-held but untested belief systems or traditions (88).

Leukemia & Lymphoma, August 2010; 51(8): 1414-1423

We recommend implementing a combined nonjudgmental approach and scientific appraisal, which will enhance doctor-patient communication and inform patients when they need to make their choices. We also recommend considering the addition of a herbal consultant to the hemato-oncological team in order to improve the hemato-oncologist's ability to provide educated and well-informed advice to patients regarding the potential benefits and risks of specific herbs.